

What others are saying about this training:

"Success! The HBLU™ Limiting Identities workshop is life-changing. I'm not the same person I was before the workshop - or should I say I am now "A Person." Handling the Void layers of the Enneagram wound is like giving a person back their life. HBLU™ never ceases to amaze me at its speed and the incredible changes it makes in the client. Thank you Judith for your brilliance and for caring enough to make sure others have this information to heal the ego.

Aerial Long, MS, CMF,

"Thanks for a fabulous Essence Workshop. As usual, you were stimulating, exciting and mind expanding. Your workshops are action and information packed, just the way I like them to be."

Harriet Gorodetsky

"I highly recommend the Limiting Identities course as an integral part of the Essence Process. It is extremely helpful and is often the key for opening the door to change. "

Karen Jackson Forbes, MS, CMHC

About the Instructor: Judith Swack, Ph.D., developer of HBLU™, is a biomedical scientist, teacher and healer. During the past 25 years, she has synthesized biomedical research with research from other non-medical systems. The results: an innovative and powerful methodology that consistently produces transformative results. Judith has published in professional journals and presented her work at conferences and on national television.

Limiting Identities and the Essence Process:

Transform personality structure and heal soul wounds



MARCH 20 - 24, 2018

9 AM - 6 PM

35 CE credits for LMHCs and LICSWs

Taught By:

Judith A. Swack, Ph.D.

Prerequisites: HBLU I

HBLU, Inc.

56 Pickering St. Needham, MA 02492

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Learn How to Dramatically Transform Personality Structure and Heal Deep-Rooted Soul Wounds, Using the Essence Process, A Totally Unique Procedure

In Limiting Identities and the Essence Process, you will discover the Healing from the Body Level Up™ (HBLU™) way to heal interference patterns located in the personality structure using the Essence process, an intervention unique to HBLU™.

We consider personality structure to be the operating system (like your computer uses either a Windows or Mac Operating system) that allows people to interface/interact with the world. If the operating system has "bugs" in it, it is difficult to process the energy and information of certain life experiences, difficult to heal traumas at the deepest levels, and difficult to achieve ones' soul mission. When we transform personality bugs, we and our clients can experience true, deep happiness and satisfaction with our lives.

Limiting Identities and the Essence Process uses the Enneagram model of personality to speed up and increase the efficacy of the healing process. This simple, fun, and easy to use model links behavior and motivation with personality types. The Enneagram system describes 9 different personality types -- each driven by a central compulsion - a core wound.

Through the lens of this wound, people experience a fundamentally limited world view and painful, compulsion driven behavior. And until you discover and heal these personality wounds, no amount of therapy will transform the client.

In this training you will learn:

- The Enneagram system of personality and its 9 different types
- To better understand and communicate with people of each type
- How to transform the wounds of the personality (bugs) thus upgrading the operating system
- The structure of addiction and chronic illness patterns and why they are so hard to treat behaviorally
- Soul Mission Elicitation Protocol

and most importantly

- **The Essence Process** (originated by Andrew Hahn, Psy.D. and codeveloped with Judith Swack, Ph.D.) transforms the fear, shame, other negative emotions, and distorted sense of identity and world view contained within the deepest psychological wounds of the personality *into pure energy that directly serves the soul!*

After experiencing this process, you will:

- *know* that you are more than just your personality structure and life experience.
- *experience* your true identity as both an individual and universal self-aware consciousness,
- experience aliveness, and sense of personal (soul) mission and contribution to the world.
- live in an expanded world view, and increase your life mastery skills through greater behavioral flexibility and choice.

Registration Form

Limiting Identities and the Essence Process

March 20 – 24, 2018

Please complete and return / fax to:
Healing from the Body Level Up, Inc.
56 Pickering St.
Needham, MA 02492
Fax : 781 449 4854

Confirmation letter with directions will be sent upon receipt of registration.

Name _____

Address _____

_____ Zip _____

Phone _____

Email _____

Please check which applies:

___ \$ 1375 full rate

___ \$ 1249 early registration rate – by 2/16/2018

___ \$ 650 repeating class

(Price includes "Limiting Identities Course Manual" and lifetime subscription to "Other Layers of the Enneagram" collection of diagrams for another 100 + layers of Enneagram code.)

Payment Method

___ Check payable to HBLU Inc.

___ Visa ___ MasterCard

Card# _____

Exp. Date _____

3 digit security code _____

Signature _____

Cancellation Policy: *Cancellations received up to two weeks before the workshop are refundable less a \$50 administrative fee. After that time, fees may be applied to a future workshop..*

For more information please contact:
HBLU, Inc.

Ph: 781 444 6940 E-mail: info@hblu.org
www.hblutraining.com